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since 1978

# **Mathewsons Food Specialities Pvt. Ltd**





## ABOUT US

Mathewsons Food Specialities Pvt Ltd. is an ISO 22000:2015 certified & HACCP standard state-of-the-art manufacturing facility for fresh frozen ready to eat / cook range vegetarian products at Kinfra Industries Park, Nellad, Cochin, India. We are part of Mathewsons Group since 1978 with a lineage and credible track record over 42 years of diversified activities. We enjoy appreciation thru world-wide distribution network and please visit our website [www.mathewsons.com](http://www.mathewsons.com) for more details. We adhere to stringent manufacturing and environment policies to international standard.







## HEAT & EAT INDIAN BREAD

One of the most common Indian breads, this unleavened flatbread is made from atta (whole wheat), rolled into small circles and stretched into thin discs using a rolling pin. In some parts of India, a pinch of salt along with ghee is added while kneading the dough with water, enhancing its mild, nutty flavour. Most flatbreads from northern India are unleavened and made primarily from milled flour, usually atta or maida, and water. Some flatbreads, especially paratha, may be stuffed with vegetables and layered with either ghee or butter. Different varieties of Indian bread include Chapati, Paratha, Parotta and many more. Some of these, like Paratha and Roti have many varieties. Some varieties depend on the kind of grain used to prepare them, and others depend on the fillings they contain.



Coin Porotta



Ceylon Porotta



Chapati



Wheat Porotta





Malabar Porotta



Kuttu Porotta



Tawa Paratta



Aloo Paratta



Methi Paratta



Lacha Paratta

## HEAT & EAT ETHNIC BREAKFAST



South Indian cuisine, which comprises of food from the states of Kerala, Karnataka, Telangana, Tamil Nadu and Andhra Pradesh, is known for its vibrant colours, amazing flavour and tastes ranging from sweet to sour to spicy. They are majorly centred on rice or rice-based dishes. Some examples of popular South Indian dishes include Idli, Dosa, Vada, etc. Since Indian dishes are mainly fermented - which are healthy for gut microbiota - they are considered a very good breakfast option. The process of fermentation improves digestibility, enhances B vitamins and boosts the immune system. If you are considering adding South Indian dishes to your breakfast menu, here is a look at some of them. These Indian breakfast ideas are ready to fuel your day! From spicy and savory to sweet and mild, there is a recipe for everyone on this list



**Idiyappam White**



**Puttu White**



**Idiyappam Brown**



**Fried Idli**



**Madras Idli**



**Masala Dosa**



**Palappam**



**Thattu Dosa**



**Vattayappam**

## HEAT & EAT ETHNIC SNACKS

You'll love this collection of lip-smacking South Indian snacks . Whether it's for a party, festive celebrations like Holi or Diwali, or a casual tea time with family, these crunchy Indian snacks are full of flavor and great for all occasions.

Indian snacks are usually delicious and mouth watering. Savouries like Unniappam, Banana Fry, etc. are commonly served in South India. This section is comprised of recipes which have been passed on for generation together in Indian homes.

South Indian snacks and savouries are very delicious, tasty and unique.

From local beer of the East to spicy pyaaz kachoris of the West, from fiery-hot chats of Delhi to fluffy idlis of the South, there's so much to be had on your Indian snack's list. Here's a list of lip-smacking delicacies every 'food crazy traveler' must try!

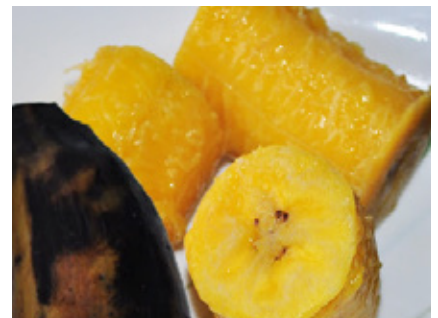




Banana Fry



Banana Roast



Steamed Banana



Fried Ripe Banana



Elayada



Kozhukatta





**Unniappam**



**Nayyappam**



**Sukiyan**



**Parippuvada**



**Uzhunnuvada**



**Veg cutlet**



**Veg Puffs Triangular**



**Veg Puffs Square**



**Tapioca Croquettes**



**Tapioca Cutlet**



**Cassava Balls**



**Ullivada**



**Veg Samosa**



**Madras Bonda**



**Punjabi Samosa**





Cocktail Samosa



Spring Roll

## HEAT & EAT ETHNIC SWEETS



Indians are known for their unique taste and experimental behavior when it comes to food. Many Indian desserts are fried foods made with sugar, milk or condensed milk. Ingredients and preferred types of dessert vary by region. In the eastern part of India, for example, most are based on milk products. Many are flavored with almonds and pistachios, spiced with cardamom, nutmeg, cloves and black pepper, and decorated with nuts, or with gold or silver leaf.



Black Halwa



Pineapple Halwa



Red Halwa



Jalebi Red



Jalebi Yellow



Laddu Red





Laddu Yellow



Mysore Pak



Peda

## READY TO COOK VEGETABLES



India is blessed with a varied agro-climate that supports the growth of different types of vegetables that are rich in multiple nutrients. You would be amazed to discover the long list of vegetables endemic to India- From Brinjals, Drumsticks, and Bitter gourd (or Karela) to many more

Most Indian vegetables are power-packed with multiple nutrients that not only boost your immunity, but also support day-to-day requirements of functioning. Here's why your mother has always been adamant on their consumption.

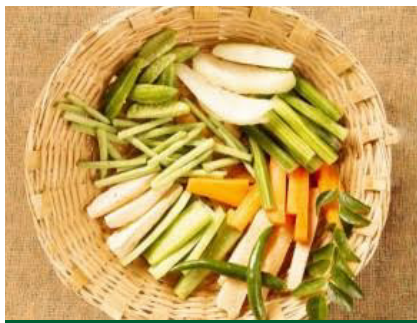
Vegetables are perfect for the diet-conscious as they are low in calories and fats alike. Zero cholesterol is another added positive. Fibers present in the vegetables keeps your stomach full for much longer, helping you eat in moderation.

Indian Vegetables are an indispensable ingredient of Indian food. Vegetables are naturally good and contain lots of minerals and vitamins. Vegetables are mainly served as side dishes with an Indian meal





**Sambar Mix**



**Avial Mix**



**Bittergourd Slices/Cut**



**Colacassia**



**Cut Green Mango**



**Drumsticks**



**Goosberry Green**



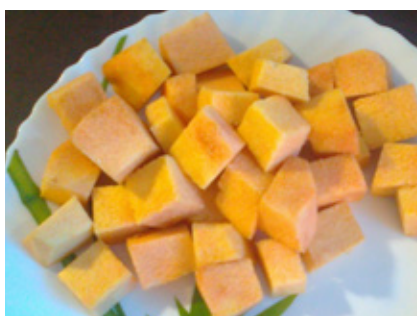
**Long Green Beans**



**Red Shallot Onion**



**Tindora Long Cut**



**Yam**



**Raw Green Banana Chunks**



**Okra Cut**



**Chinese Potato (Koorka)**



**Coconut Shredded**





**Coconut Sliced/cut**



**Tender Coconut Flesh**



**Hand Grated Coconut**



**Bread Fruit Chunks**



**Tender Jack Fruit Chunks**



**Jackfruit Raw Slices**



**Jack Fruit Seeds**



**Unskinned Jackfruit Seed Sliced**



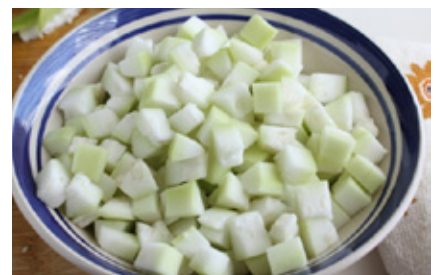
**Unskinned Jackfruit Seed Whole**



**Beet Root Diced**



**Red Pumpkin Diced**



**Bottle Gourd Diced**

## VEGAN FOOD

### Raw Jackfruit / Tender Jackfruit

Our Jackfruit meats are made with intention. Our products offer greater or equal protein levels than their animal counterparts, no cholesterol, less saturated fat, and no antibiotics or hormones. It is rich in magnesium, which is important for the absorption of calcium and helps strengthen the bones and prevents bone-related disorders such as osteoporosis. Jackfruit offers lots of health benefits that include boost immunity, improve digestion, and prevent constipation; it improves cardiovascular health and provides protection from colon cancer.



**Bitter Gourd Sliced**

# Cassava / Tapioca / Yuca / Manihot



## Tapioca/Cassava

Saro Cassava or Manioc or Yuca widely known as Tapioca in India is a healthy staple food procured from selected mature crops and processed in various cuts such as Half cut, Quarter cut, Chunks and Grated.



Gluten Free

Low Fat

No Cholesterol

Rich in fiber

The white tuner also known as Tapioca, Yuca or Manihot and the third most widely eaten food in the world, after wheat and rice and it is processed in various cut like Chunks, Mogo Chips, Grated Cassava and Small Cuts. Contain low fat, high fiber and gluten free.



Cassava Chunks



Cassava Half Cut



Grated Cassava





**Salt & Pepper**



**Salt & Chilli**



**Peri Peri**

## READY TO EAT TROPICAL FRUITS

Tropical fruits are defined as fruits that are grown in hot and humid regions within the Tropic of Cancer and Tropic of Capricorn, covering most of the tropical and subtropical areas of Asia, Africa, Central America, South America, the Caribbean and Oceania.

Fruits such as bananas, breadfruit and jackfruit have been used as staples in Asian, African and Asia Pacific countries, to complement other grain or root crops.

Tropical fruits are inexpensive which makes it another export option for producers intending to diversify exports. There is already an uptrend in the demand for tropical fruits in domestic and export markets, especially from consuming countries such as USA, EU, Korea and Japan.



**Pineapple Sliced**



**Jackfruit Ripe**



**Mango Ripe**



**Pineapple Chunks**

SARO INDIAN BREADS					
Total Products	SR No	Frozen Food Product (SARO INDIAN BREADS)	Net Weight	Packing	Minimum Order Quantity
1	1	WHEAT POROTA 5 pcs	300 gm	24 X 300g	50
2	2	CEYLON POROTTA 5 pcs	375 gm	24 X 375g	50
3	3	CHAPATHI 5 pcs	375 gm	24 X 375g	50
4	4	KERALA MALABAR POROTTA 5 pcs	375 gm	24 X 375g	150
5	5	COIN POROTTA 14 pcs	400 gm	24 X 400g	50
6	6	CUT POROTTA(KOTHU POROTTA)	375 gm	24 X 375g	50
7	7	TAWA PARATTA 5 pcs	400 gm	24 X 400g	50
8	8	METHI PARATTA 5 pcs	400 gm	24 X 400g	25
9	9	ALOO PARATTA 4 pcs	400 gm	24 X 400g	25
10	10	LACHA PARATTA 5 pcs	400 gm	24 X 400g	25
SARO ETHNIC BREAKFAST					
	SR No	Frozen Food Product (SARO ETHNIC BREAKFAST)	Net Weight	Packing	Minimum Order Quantity
11	1	IDIYAPPAM WHITE 7 pcs	375 gm	24 X 375g	50
12	2	IDIYAPPAM BROWN 7 pcs	375 gm	24 X 375g	50
13	3	PUTTU WHITE	375 gm	24 X 375g	50
14	4	FRIED IDLI	375 gm	24 X 375g	50
15	5	MADRAS IDLI 7 pcs	300 gm	24 X 300g	50
16	6	MASALA DOSA 5 pcs	375 gm	24 X 375g	50
17	7	PALAPPAM 7 pcs	375 gm	16 X 375g	50
18	8	THATTU DOSA 7 pcs	375 gm	24 X 375g	50
19	9	VATTAYAPPAM 7 pcs	375 gm	24 X 375g	50
SARO SNACKS					
	SR No	Frozen Food Product (SARO SNACKS)	Net Weight	Packing	Minimum Order Quantity
20	1	BANANA FRY 6 PCS	375 gm	24 X 375g	50
21	2	BANANA ROAST 4 PCS	375 gm	24 X 375g	50
22	3	STEAMED BANANA	375 gm	24 X 375g	50
23	4	FRIED RIPE BANANA	375 gm	24 X 375g	50
24	5	ELAYADA 6 PCS	375 gm	24 X 375g	50
25	6	KOZHUKATTA 7 PCS	375 gm	24 X 375g	50
26	7	UNNIAPPAM 8 PCS	375 gm	24 X 375g	50
27	8	NEYYPAPPAM 7 PCS	375 gm	16 X 375g	50
28	9	SUKHIYAN 7 PCS	375 gm	24 X 375g	50
29	10	PARIPPUVADA 7 PCS	375 gm	24 X 375g	50
30	11	UZHUNNUVADA 6 PCS	375 gm	16 X 375g	50
31	12	VEG CUTLET 7 PCS	375 gm	24 X 375g	50
32	13	VEGETABLE PUFFS TRIANGULAR 4 PCS	375 gm	24 X 375g	50
33	14	VEGETABLE PUFFS SQUARE 4 PCS	375 gm	24 X 375g	50
34	15	TAPIOCA CROQUETTES 7 PCS	300 gm	24 X 300g	50
35	16	TAPIOCA SPICY BALLS 7 PCS	375 gm	24 X 375g	50
36	17	CASSAVA BALLS	375 gm	24 X 375g	50
37	18	ULLIVADA	375 gm	24 X 375g	50
38	19	VEG SAMOSA 5 PCS	300 gm	24 X 300g	50
39	20	MADRAS BONDA 6 PCS	375 gm	24 X 375g	50
40	21	PUNJABI SAMOSA 4 PCS	480 gm	16 X 480g	50
SARO TROPICAL FRUITS					
	SR No	Frozen Food Product (SARO TROPICAL FRUITS)	Net Weight	Packing	Minimum Order Quantity
41	1	JACKFRUIT RIPE WITHOUT SEEDS/ SLICES	400 gm	24 X 400g	50
42	2	MANGO RIPE	400 gm	24 X 400g	50
43	3	PINEAPPLE CHUNKS	400 gm	24 X 400g	50
44	1	TENDER COCONUT PUREE	400 gm	24 X 400g	50
45	2	PASSION FRUIT PULP	400 gm	24 X 400g	50



SARO VEGETABLES					
	SR No	Frozen Food Product (SARO VEGETABLES)	Net Weight	Packing	Minimum Order Quantity
46	1	SAMBAR MIX	400 gm	24 X 400g	50
47	2	AVIAL MIX	400 gm	24 X 400g	50
48	3	BITTERGOURD SLICES/CUT	400 gm	24 X 400g	50
49	4	COLACASSIA (COLOCASIA ESCULENTA)	400 gm	24 X 400g	50
50	5	CUT GREEN MANGO	375 gm	24 X 375g	50
51	6	DRUM STICKS	400 gm	24 X 400g	50
52	7	GOOSBERRY GREEN	400 gm	24 X 400g	50
53	8	LONG GREEN BEANS	400 gm	24 X 400g	50
54	9	PEELED & BLANCHED RED SHALLOT ONION	400 gm	28 X 400g	50
55	10	TINDORA LONG CUT	400 gm	24 X 400g	50
56	11	YAM	400 gm	24 X 400g	50
57	12	RAW GREEN BANANA CHUNKS	400 gm	24 X 400g	50
58	13	OKRA CUT	400 gm	24 X 400g	50
59	14	CHINESE POTATO (KOORKA)	400 gm	28 X 400g	50
60	15	COCONUT SHREDDED	400 gm	32 X 400g	300
61	16	COCONUT SLICED/CUT	400 gm	24 X 400g	50
62	17	TENDER COCONUT FLESH	400 gm	24 X 400g	50
63	18	JACK FRUIT SEEDS/WHOLE	400 gm	24 X 400g	50
64	19	JACK FRUIT SEEDS/SLICED	400 gm	24 X 400g	50
65	20	BREAD FRUIT CHUNKS	400 gm	24 X 400g	50
66	21	TENDER JACK FRUIT CHUNKS	400 gm	24 X 400g	40
67	22	JACKFRUIT RAW SLICES	400 gm	24 X 400g	50
SARO HORECA - Food Service					
	SR No	Frozen Food Product (SARO HORECA - Food Service)	Net Weight	Packing	Minimum Order Quantity
68	1	MALABAR POROTTA 7" - 14PCS	1 kg	14 X 1kg	100
69	2	KUTTU (CUT) POROTTA	1 kg	14 X 1kg	50
70	3	WHEAT POROTTA FAMILY PACK 5 - 14 PCS	908 gm	14 X 908g	50
71	4	CATERING POROTTA 35 NOS	2.5 kg	5 X 2.5kg	100
72	5	CATERING POROTTA 48 NOS	3.5 kg	4 X 3.5kg	50
73	6	HALF BOILED KOORKA / CHINESE POTATO	1 kg	14 X 1kg	50
74	7	DRUMSTICK	1 kg	14 X 1kg	50
75	8	CASSAVA CHUNKS	2.5 kg	4 X 2.5kg	50
76	9	CASSAVA CHUNKS	750 gm	16 X 750g	100
77	10	CASSAVA CHUNKS	908 gm	18 X 908g	50
78	11	CASSAVA GRATED	900 gm	18 X 900g	50
79	12	CASSAVA SMALL CUTS	2.27 kg	6 X 2.27kg	100
80	13	CASSAVA SMALL CUTS	750 gm	16 X 750g	100
81	14	CASSAVA SMALL CUTS	700 gm	18 X 700g	100
82	15	MOGO CHIPS : CASSAVA TRIA WEDGES	900 gm	18 X 900g	50
83	16	MOGO CHIPS (SALT&PEPPER / SALT&CHILLI / PERI PERI)	908 gm	18 X 908g	50
84	17	MOGO CHIPS : CASSAVA TRIA WEDGES	1 kg	10 X 1kg	50
85	18	OKRA CUT	1 kg	10 X 1kg	50
86	19	VEGETABLE SPRING ROLL 13 PCS	1 kg	10 X 1kg	50
87	20	MADRAS IDLY 20 PCS	900 gm	12 X 900g	50
88	21	IDLY CATERING PACK 40	1.8 kg	6 X 1.8kg	50
89	22	RAW JACKFRUIT	1 kg	10 X 1kg	50
90	23	VEG PUNJABI SAMOSA 9 PCS	1 kg	10 X 1kg	50
91	24	COCKTAIL VEG SAMOSA 20 PCS	1 kg	10 X 1kg	50
92	25	BEETROOT DICED	2.5 kg	4 X 2.5kg	50
93	26	RED PUMPKIN DICED	2.5 kg	4 X 2.5kg	50
94	27	BOTTLE GOURD DICED	2.5 kg	4 X 2.5kg	50
95	28	BITTER GOURD SLICED	2.5 kg	4 X 2.5kg	50
96	29	OKRA CUT	2.5 kg	4 X 2.5kg	50

# SARO SWEETS

	SR No	Frozen Food Product (SARO SWEETS)	Net Weight	Packing	Minimum Order Quantity
97	1	BLACK HALWA	750 gm	24 X 750g	25
98	2	PINEAPPLE HALWA	750 gm	24 X 750g	25
99	3	RED HALWA	750 gm	24 X 750g	25
100	4	JALEBI RED	400 gm	24 X 400g	25
101	5	JALEBI YELLOW	400 gm	24 X 400g	25
102	6	LADDU RED 6 PCS	400 gm	24 X 400g	25
103	7	LADDU YELLOW 6 PCS	400 gm	24 X 400g	25
104	8	MYSORE PAK	400 gm	24 X 400g	25
105	9	PEDA	400 gm	24 X 400g	25

NOTE: NET WEIGHT AND COUNT VARIANCE ANTICIPATED:, SUBJECT TO RECONFIRMATION.

## SARO Range Of Frozen Food Products

 <p><b>Frozen Malabar Porotta</b> Congelée Malabar Porotta / كوروت Net Wt./ Poids net : 375 gm (13.2 oz) / 1000</p>	 <p><b>Frozen Kuttu Porotta</b> Congelée Cousper Porotta / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Coin Porotta</b> Congelée pièces de abanana Porotta / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Madras Idli</b> Congelée Madras Idli / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>
 <p><b>Frozen Aloo Paratha</b> Congelée Aloo Paratha / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Lacha Paratha</b> Congelée Lacha Paratha / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Sliced Coconut</b> Congelée Coco en Tranches / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Steamed Banana Ripe</b> Congelée Banane Mûre à la vapeur / كوروت Net Wt./ Poids net : 375 gm (13.2 oz) / 1000</p>
 <p><b>Frozen Banana Fry</b> Congelée Frites à la banane / كوروت Net Wt./ Poids net : 375 gm (13.2 oz) / 1000</p>	 <p><b>Frozen Elayada</b> Congelée Elayada / كوروت Net Wt./ Poids net : 375 gm (13.2 oz) / 1000</p>	 <p><b>Frozen Jackfruit Cutlets</b> Congelée Jacquier Côtelettes / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Cassava Croquette</b> Congelée Manioc Croquette / كوروت Net Wt./ Poids net : 300 gm (10.58 oz) / 1000</p>
 <p><b>Frozen Cut Yam</b> Congelée Cousper Yam / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Vegetable Puffs</b> Congelée Légumes Puffs / كوروت Net Wt./ Poids net : 375 gm (13.2 oz) / 1000</p>	 <p><b>Frozen Neyyappam</b> Congelée Neryappam / كوروت Net Wt./ Poids net : 375 gm (13.2 oz) / 1000</p>	 <p><b>Frozen Jackfruit Seeds</b> Congelée Graines de Jacquier / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>
 <p><b>Frozen Jackfruit Ripe Slice</b> Congelée Tranche Mûre de Jacquier / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Raw Jackfruit (Without Seeds)</b> Congelée Jacquier Dry Fruit (Sans Graines) / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Red Small Onion</b> Petit Oignon Congelée / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>	 <p><b>Frozen Sambar Mix</b> Congelée Sambar Mixture / كوروت Net Wt./ Poids net : 400 gm (14.17 oz) / 1000</p>
 <p><b>Frozen Pineapple Halwa</b> Congelée Ananas Halwa / كوروت Net Wt./ Poids net : 750 gm (26.5 oz) / 1000</p>	 <p><b>Frozen Laddu Orange</b> Congelée Laddu Orange / كوروت Net Wt./ Poids net : 250 gm (8.82 oz) / 1000</p>	 <p><b>Frozen Madras Bonda</b> Congelée Madras Bonda / كوروت Net Wt./ Poids net : 250 gm (8.82 oz) / 1000</p>	 <p><b>Frozen Jalebi Red</b> Congelée Jalebi Rouge / كوروت Net Wt./ Poids net : 300 gm (10.58 oz) / 1000</p>







**MATHEWSONS FOOD SPECIALITIES PVT. LTD. (CORPORATE OFFICE)**

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since 1978

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